

Introduction to Psychology - 2018/19

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The purpose of this course is to acquaint the students with modern Psychology, and the variety of contemporary issues dealt by the field. We shall address the scientific stance of Psychology, as well as areas of research and practice that are at the heart of recent psychological concern, such as development, learning and conditioning, memory and cognition, personality theories, psychopathology and psychotherapy, and more. The students will have to take an examination by the end of each semester.

Textbook:

Nolen-Hoeksema, S., Fredrickson, B.L., Loftus, G.R. & Wagenaar, W.A. (2009). Atkinson & Hilgard's Introduction to psychology, 15th Edition. UK: Wadsworth.

Contents:

Semester a

The nature of Psychology	Chapter 1
Biological foundations of Psychology	Chapter 2
Psychological development	Chapter 3
	+ selected parts from
	Sroufe, Cooper & Dehart

(2004). Child development:
Its nature and course.

Semester b

Emotion	Chapter 11
Stress, Health and Coping	Chapter 14
Personality	Chapter 13
Psychological Disorders	Chapter 15
Treatment of Mental Health Problems	Chapter 16